We look forward to meeting you at one of our three local programs.

## FOR FURTHER INFORMATION

Phone: 1300 715 673

Email: ssp@barwonhealth.org.au

## LOCATIONS AND TIMES

All locations operate 10am - 3pm.

- **Anglesea**
  Anglesea Community Health Centre, McMillan St, Anglesea
- **Belmont**
  120 Settlement Road, Belmont
- **Corio**
  Rosewall Neighbourhood Centre, Sharland Road, Corio

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**OUR VALUES**
RESPECT
COMPASSION
COMMITMENT
ACCOUNTABILITY
INNOVATION

# SOCIAL SUPPORTS PROGRAM

*Socialise and stay active in your community*

Barwon Health

**Community Health & Rehabilitation Services**

## WELCOME

Barwon Health Social Supports Program are part of our local community providing support to people so they can remain active, independent and continue to socialise for as long as possible.

The program supports:

- The elderly
- People that are lonely
- People looking for more social interaction
- People with disabilities

We offer a warm, caring environment and an opportunity to make new friends.

The Social Supports Program works with you and your family/carer or support services so you can:

- Get out of the house
- Have a bit of independence
- Have a cuppa and a chat
- Make a friend (or partner in crime)
- Have a lunch and a laugh in a comfortable and respectful space
- Explore local sites and events
- Have an adventure

## ACTIVITIES AVAILABLE:

Visit our Monthly Calendar to view group activities happening your local area by scanning the QR code below, or visiting www.barwonhealth.org.au/patients-visitors/our-sites/community-health/day-programs

## REFERRALS

Participants may refer themselves, or you may be referred by your family, friends, doctor or community agency.

## COST

The cost is dependant on packaged care and changes annually. Please call 1300 715 673 to confirm the cost.

## TRANSPORT

Transport is available for clients if needed.

## MEALS

Morning tea and a three-course lunch are provided each day. Some outings have extra costs.