

WORKPLACE HEALTH NETWORK

The Workplace Health Network was formed to provide a forum to support local organisations from across the G21 Region¹ to improve the health and wellbeing of their employees. Barwon Health, Healthy Communities Unit have been the auspice of the network since 2016.

Membership is open to representatives from local organisations who have a role in workplace health and wellbeing. These representatives may hold various roles in their workplaces (some are dedicated health and wellbeing workers, while for others health and wellbeing may be part of their roles in human resources, OH&S, or as health champions).

There is no cost to be part of the network, however time allocated to the network will be regarded as in-kind contribution from the organisations involved.

PURPOSE OF THE NETWORK

Sustainability

The network will provide support for organisations to embed evidence based workplace health approaches into practice and develop connections with other local organisations.

Collaborative approach

The network will provide opportunities for workplaces to run wellbeing initiatives in partnership with other organisations. This enables financial resources to be pooled and to increase the number of attendees.

Knowledge sharing

The network will offer opportunities to share knowledge and problem solve around health and wellbeing initiatives.

Professional development

The network will identify professional development needs relating to physical, mental and social wellbeing for workers. The network may support education activities within this forum, or more broadly across the region.

For more information about the Network, contact Barwon Health Workplace Health Team, Healthy Communities Unit workplacehealth@barwonhealth.org.au

¹ <http://www.g21.com.au/>