

## Workplace Health Network Purpose of the Network

The Workplace Health Network was formed in 2012 to provide a forum to support local organisations from across the G21 Region<sup>1</sup> to improve the health and wellbeing of their employees.

Membership is open to representatives from local organisations who we encourage to register with the **Healthy Workplace Achievement Program**<sup>2</sup> and have a role in workplace health and wellbeing. These representatives may hold various roles in their workplaces (some are dedicated health and wellbeing workers, while for others health and wellbeing may be part of their roles in human resources, OH&S, or as health champions).

### Specific Purpose:

- **Sustainability:** The network will provide support for organisations to embed workplace health into practice and develop ongoing linkages with other local organisations.
- **Collaborative Approach:** The network will provide opportunities for workplaces to run health sessions in partnership with other organisations. This enables financial resources to be pooled and increase the number of attendees.
- **Knowledge Sharing:** The network will offer opportunities to share knowledge and problem solve around health and wellbeing initiatives.
- **Professional Development:** The network will support professional development opportunities in the local region. The focus will be on each of the health priority areas (Achievement Program Benchmarks) – healthy eating, physical activity, smoking, alcohol and mental health.
- **Financial:** There is no cost to be part of the network, however time allocated to the network will be regarded as in-kind contribution from the organisations involved.

April 2021

<sup>1</sup> <http://www.g21.com.au/>

<sup>2</sup> <https://www.achievementprogram.health.vic.gov.au/healthy-places/workplaces>