














March 2022

Barwon Health Social Support Program
120 Settlement Rd, Belmont Ph 4215 7049

BRING A HAT 

Program subject to change

Mon	Tues	Wed	Thurs	Fri
<p>Please ring before 9.00am so we can cancel transport if you cannot attend.</p>	<p>1 Morning catch up  Clients choice of drive</p>	<p>2 Games day – inside or outside Drive around</p>	<p>3  Walking Group Bring a Hat</p>	<p>4 Lara Sports Club Lunch </p>
<p>7 BIG DAY OUT Pako St - 63 degrees then Rosey Jones lunch</p>	<p>8 A "Elders Rights" Talk with Rosemary Afternoon cruising in the bus</p>	<p>9 Reminiscing Line Dancing</p>	<p>10 Lunch out at the Norlane Hotel</p>	<p>11 BBQ Anglesea </p>
<p>14 LABOUR DAY HOLIDAY</p>	<p>15 Op shop outing Clients choice social drive </p>	<p>16 Fortune Garden Chinese lunch (bring about \$20)</p>	<p>17 Whacky hat day Bayside drive </p>	<p>18 Visit Ballarat Begonia Festival Picnic Lunch at Ballarat Botanical Gardens</p>
<p>21 BIG DAY OUT Strawberry Farm then Bowside for lunch</p>	<p>22 Morning Tea "SMOOTHIES" 13th Beach Drive</p>	<p>23 Pet shop visit  Games/hangman</p>	<p>24 Pamper day  Bayside drive</p>	<p>25 Jan Juc Hotel </p>
<p>28 BIG DAY OUT SALTY DOG CAFÉ Picnic Lunch</p>	<p>29 Mosaic Group Art Project </p>	<p>30 Group singalong to the Beatles most popular tunes!!! </p>	<p>31 Guys versus the girls quiz! </p>	

March Team Leader Report

Hello everyone and happy March to you all. It's great being back at programs and seeing so many happy faces. I would like to thank the Social Support staff who have been telephoning clients, sending mail outs, conducting Facebook programs and visiting clients. Our feedback is that this was successful under the circumstances. Also a big thank-you to staff that have been working in the COVID department and to our other staff members who have taken some well-deserved leave, we welcome you back.

March is a busy month. We have some great activities and outings planned and as always we are open to any of your suggestions, so get your thinking caps on! As the weather is still warm and sunny so please remember to bring your named hat along to outings.

Outings planned include:

- A visit to the ever popular Ballarat Begonia Festival
- Lunch at Fortune Garden Chinese restaurant
- BBQ at Anglesea and
- For the very first time here at Belmont, Line Dancing! This should provide some "Boot Scootin" fun.

I am available anytime if you want to discuss anything, this will always be confidential.

And now to finish with a laugh!!!!

How many clothing shop assistants does it take to change a light bulb?

Three, one to change it, one to say how well it fits & one to say that colour is perfect!

What do you get if you cross the Atlantic with the Titanic?

About halfway!

Me: I cleaned my computer and now it doesn't work!

Repairman: What did you clean it with?

Me: Soap and water!

Repairman: Water is never meant to get near a computer!

Me: Oh! I bet it wasn't the water that caused the problem.....it was when I put it in the spin dryer!

Bye for now,
Julie and the team!