Barwon Health

Mental Health Therapy Services

Youth Program - Colac

The interim youth MH therapy program is a service for people aged 12-25 who identify as having MH concerns. It provides short-term focussed psychological intervention and single session work. We can only see people who have consented to a referral to Barwon Health's Mental Health Services. The person will be registered with MH services and their therapy documented in Barwon Health's' medical record.

If the person is at high or acute risk of suicide please contact emergency services on 000.

If they have a mental illness in the moderate – severe range that would benefit from psychiatric review and/or case management in conjunction with therapy they can be referred via Jigsaw. Contact Child and Youth triage 1300 094 187.

Referrer			
Name		Date of Referral	Click or tap to enter a date.
Contact Details			
GP/ School Wellbeing Co-ordinator			

Young Person					
First Name		Middle Name		Surname	
Date of Birth	Click or tap to enter a date.	Contact Number			
Address					
Suburb		Post Code			
Email Address					
Country of Birth		Preferred Language			
Medicare Number					
Interpreter Required	Choose an item.	Aboriginal or Torres Strait Islander	Choose an item.		
Gender (please circle)	Choose an item.				

Parent/Guardian/Emergency Contact			
Note if the person is under 16, we require a parent/guardian to be documented on this form and to attend the first appointment.			
First Name		Surname	
Relationship to Young Person		Contact Number	
Do we have the Young Person's permission to speak to the person identified?			Choose an item.

Reason for Referral (Please tick)							
Anxiety	☐	Depression	☐	Adjustment	☐	Interpersonal difficulties	☐
Substance Use	☐	Self-harm	☐	Body image/ Eating disorder	☐	Trauma	☐

Service Medium Requested (Please tick)	Telephone	☐	Telehealth	☐	Face to Face	☐

Main Concerns (include Previous diagnosis)
Impact of problem on functioning
Young Person's hopes for change
Previous and/or current engagement with services

Risk Factors (Please tick)

Suicide	☐	Non Accidental	☐	Substance Use	☐	Homelessness	☐
Self-Injury	☐	Harm to Others	☐	Anger Management	☐	Family Violence (Victim/Perpetrator)	☐
Extreme social withdrawal	☐	Substance Use	☐	Impulsivity	☐	Other	☐

Comments

Please send completed referral form to YHealthHub@cah.vic.gov.au