

# Apply for one of three \$3,000 grants to promote mental wellbeing in our community

Grants are intended to address one or more of these key themes



Increase awareness of factors that enhance mental wellbeing and promote it's importance

Increase social connectedness and reduce loneliness

Enhance community resilience

Reduce mental health risk factors for priority groups

**APPLY NOW!**  
Applications close:  
4th March 2024



## What will be supported?

You may submit a new initiative or expand a current project

Examples include:

- Working with culturally diverse families in schools
- Integrating mental wellbeing with other health promotion activities
- Supporting community groups or clubs to promote inclusion
- Building capacity in mental health for workplaces, groups and organisations

Key selection criteria:  
Does the initiative...

- Address the key themes?
- Show evidence of partnerships?
- Demonstrate collaboration and partnerships, including with First nations; Culturally and Linguistically Diverse; Refugee; LGBTQIA+ and disability groups?
- Contribute to ongoing mental health promotion?
- Include an evaluation plan?
- Include a letter of support?

Eligible initiatives must be located within the G21 region (Golden Plains Shire, Colac Otway Shire, Surf Coast Shire, City of Greater Geelong and The Borough of Queenscliffe)

