

Healthy Choices

What Is It?

We wanted to make healthy choices easier at **University Hospital Geelong**. So we labelled all the food and drinks in the cafe and vending machines into these three different categories according to their nutritional value:



What Did We Do?



We worked closely with the cafeteria staff to provide more healthy food options



We ensured that GREEN food options were available during all trading hours



We removed any soft drink advertising on the exterior of the vending machines



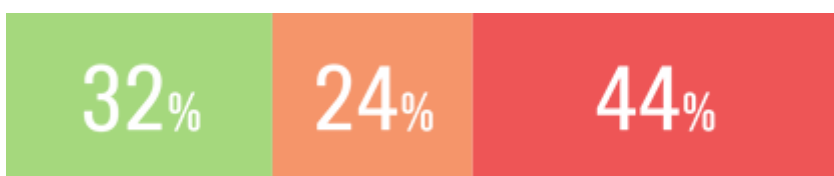
We moved the GREEN drinks to eye level and placed RED drinks at the bottom of the vending machines

These Are The Changes So Far

In 2013, Cafeteria food categories were

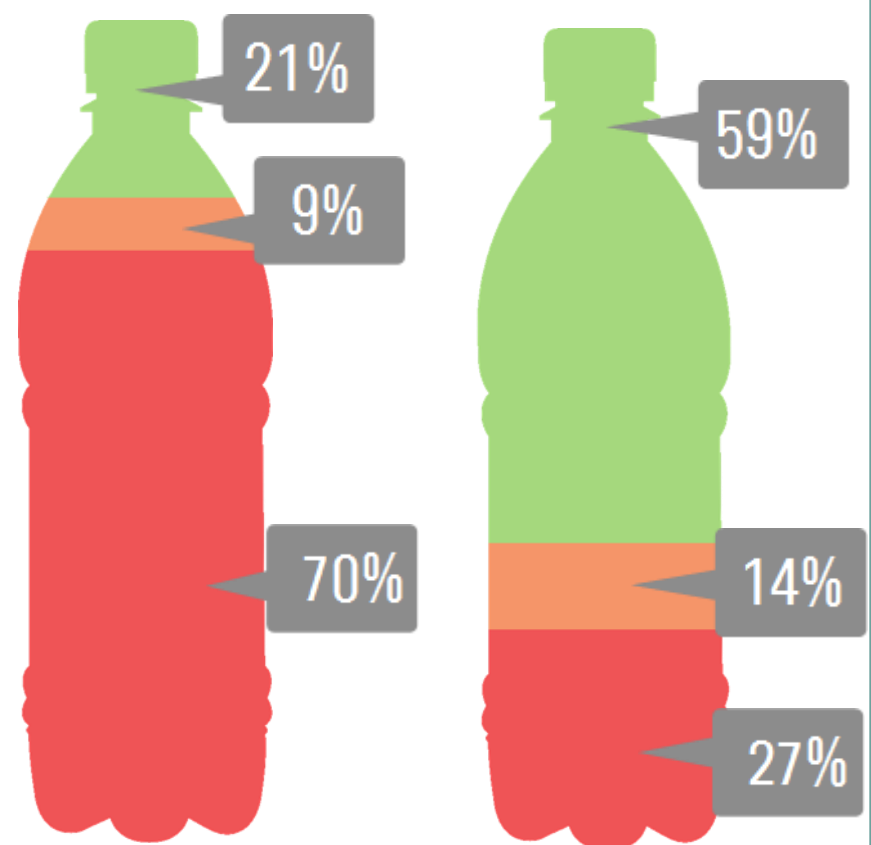


In 2016, categories had changed to



3 times more green options available

Vending machine drinks categories



2013

2016

Healthy Choices

What Is It?

We wanted to make healthy choices easier at the **McKellar Centre**. So we labelled all the food and drinks in the cafe and vending machines into these three different categories according to their nutritional value:



What Did We Do?



We worked closely with the cafeteria staff to provide more healthy food options



We ensured that GREEN food options were available during all trading hours



We removed any soft drink advertising on the exterior of the vending machines



We moved the GREEN drinks to eye level and placed RED drinks at the bottom of the vending machines

These Are The Changes So Far

In 2013, Café 45 food categories were

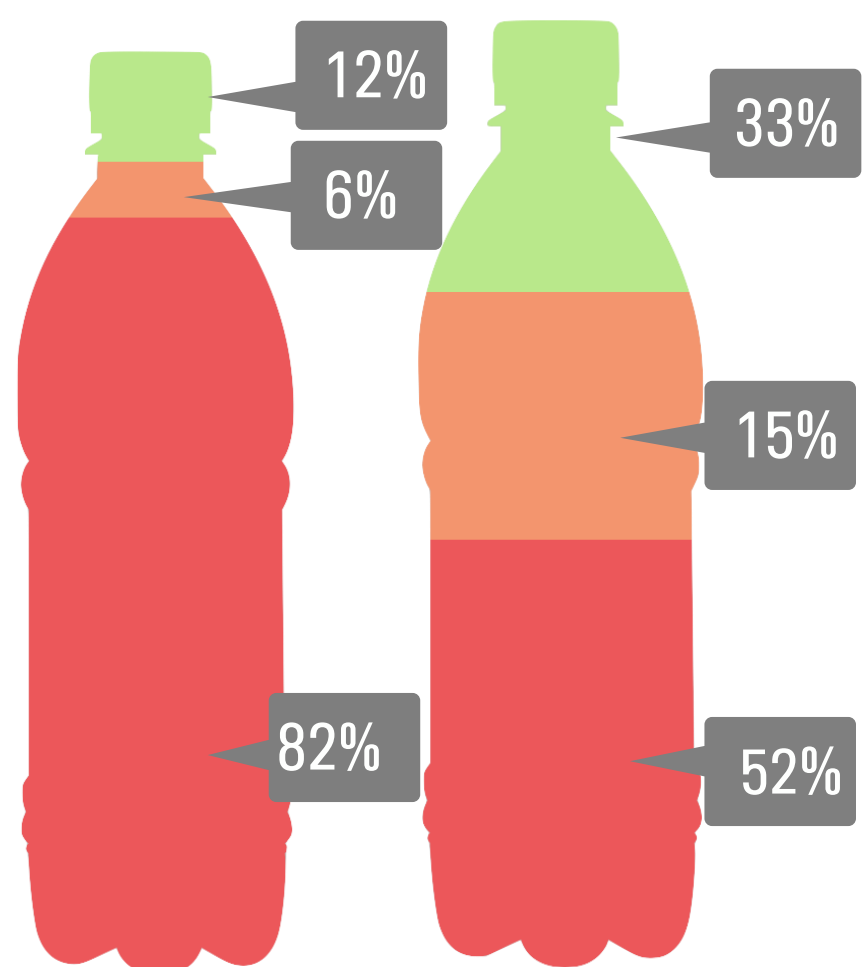


In 2016, categories had changed to



6 times more green options available

Vending machine drinks categories



2013

2016