

H₂Only Schools

What is it?

We wanted to make healthy choices easier at school. So we worked with primary schools to reduce the amount of sweet drinks children have during the day.

H₂Only schools:

- ✓ Encourage water consumption throughout the day
- ✓ Sweet drinks (cordials, juices, soft drinks, flavoured milks) cannot be brought to school or sold through school canteens
- ✓ Incorporate education and activities to reduce sweet drink consumption

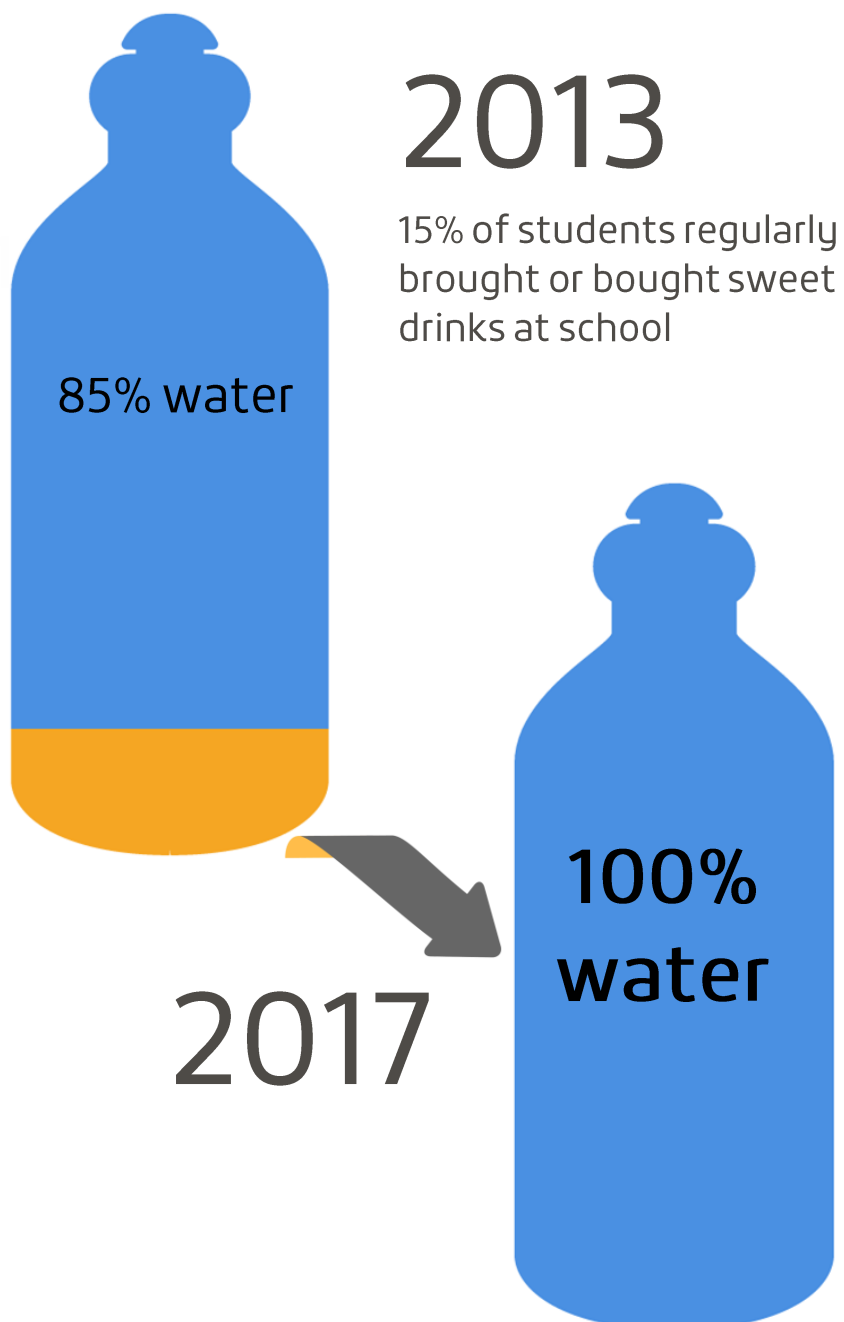


OVER 1/3 OF SCHOOLS IN THE GEELONG AREA ARE NOW 'H₂ONLY SCHOOLS'

(Postcodes: 3214, 3215, 3216, 3218, 3219, 3220)

These are the changes so far

At school, students drank:



At home, students drank:

