

August 2022



Barwon Health Social Support Program
230 Purnell Rd Corio

All cancellations to be made by 9:00am on day of attendance: 0447 515 507 or 4215 7049

Monday	Tuesday	Wednesday
<p style="text-align: right;">1st</p> <p>Cheap as Chips or Op Shop your choice.</p> <p>Coloring in / brain gym at the Centre.</p> <p>Afternoon games – Rummy-o, Cards, Checkers.</p> 	<p style="text-align: right;">2nd</p> <p>Morning Serendip walk, talk, sketch or just listen to the birds.</p> <p>Brain gym / coloring in</p> <p>Afternoon funny movie clips or games of choice</p>	<p style="text-align: right;">3rd</p> <p>Morning Op Shop trip.</p> <p>Brain gym / puzzles</p> <p>Lunch at <u>Oppy's Norlane Hotel \$13</u> or stay at the <u>Centre for a Barwon Health Meal.</u></p>
<p style="text-align: right;">8th</p> <p>Morning walk or sit and look at the Botanical Gardens. Do you want a cuppa whilst there?</p> <p>Late lunch</p> <p>Afternoon music appreciation. Or funny movie clips</p>	<p style="text-align: right;">9th</p> <p>All Day Outing</p> <p>Coastal drive</p> <p>Ocean Grove Bowls</p> 	<p style="text-align: right;">10th</p> <p>Who wants pancakes? Do you have them with jam or lemon and sugar?</p> <p>Movement and stretching to get those pancakes to go down.</p> <p>Scrapbooking afternoon</p>
<p style="text-align: right;">15th</p> <p>Who wants pancakes? Do you have them with jam or lemon and sugar?</p> <p>Mystery drive or activity of choice</p> 	<p style="text-align: right;">16th</p> <p>Morning coastal drive and walk along the Waterfront Boardwalk.</p> <p>Brain gym</p> <p>Afternoon games of choice</p>	<p style="text-align: right;">17th</p> <p>Morning tea at Millars Café \$</p>  <p>Brain gym / word games</p> <p>Belmont visiting us today</p>
<p style="text-align: right;">22nd</p> <p>10 Pin Bowling at Belmont Oz Pin \$</p> <p>Colouring in word games and puzzles at the Centre</p> <p>Afternoon trivia</p>	<p style="text-align: right;">23rd</p> <p>Curlewis Golf driving range. How far can you hit the golf ball? Late lunch at the Centre</p> 	<p style="text-align: right;">24th</p> <p>Visiting Belmont this morning to have TERRY FIELDING entertain us</p> <p>Word puzzles and games at the Centre</p> <p>Late lunch</p>
<p style="text-align: right;">29th</p> <p>Morning drive to You Yangs to admire the views</p> <p>Monthly Bingo Bonanza.</p> 	<p style="text-align: right;">30th</p> <p>Cheap as Chips. Feed Me Bellarine shop.</p> <p>Brain gym / puzzles / Rummy-o</p> <p>Music appreciation time</p>	<p style="text-align: right;">31st</p> <p>Morning Melodies</p> <p>Rodney Vincent</p> <p>Show and morning tea \$15</p> <p>Late lunch back at the Centre</p>

Program subject to change