

Applied Suicide Intervention Skills Training

ASIST



ASIST is a two-day interactive workshop in suicide first aid. It trains participants to recognise when someone may be at risk of suicide and respond in ways that help increase their immediate safety. Participants learn how to strengthen support for at risk people and link them with further help. ASIST aims to enhance a caregiver's abilities to help a person at risk avoid suicide.

Two-day workshops will be held on the following dates:

9 & 10 March 2023

27 & 28 April 2023

20 & 21 July 2023

7 & 8 September 2023

15 & 17 November 2023

Arrival Time: 9.20am for a 9.30am Prompt Start - 5pm

**Cost: \$380 per participant
\$300 for BH employees only**

Morning tea, afternoon tea & lunch provided

Places are strictly limited. Register early to avoid disappointment.

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