The Acquired Brain Injury (ABI) Team provides specialist rehabilitation for adults who have experienced a **concussion** or **traumatic brain injury (TBI)**. Our interdisciplinary team of medical and allied health clinicians works with people to deliver goal-focused and time-limited rehabilitation. Early, proactive referral for concussion management will be beneficial in guiding the person’s recovery and early symptom management.

This team also provides a rehabilitation service for people who have experienced multiple complex orthopaedic injuries (multi-trauma) and complex burns.

Rehabilitation appointments are provided within the Community Rehabilitation Centre (at the McKellar Centre in North Geelong) and can also be provided at the client’s home or in the local community.

The Community Rehabilitation Centre has a purpose built gym, access to specialist rehabilitation equipment and customised clinical treatment spaces. A hydrotherapy pool is also available on site and clients can access the pool as part of their physiotherapy with the ABI Team.

Client appointments can be individual or within a group and are based around the person’s individual goals for recovery. These goals are documented in a Rehabilitation Plan that is regularly updated and shared with the GP.

The ABI Team commonly supports people to:

* manage day to day tasks at home
* adjust to the changes that can occur after concussion or brain injury
* return to study or work
* return to sport, hobbies and social activities
* return to driving

The ABI Team is made up of health professionals from a range of disciplines who all have experience working with people after concussion and brain injury. These include Rehabilitation Medicine, Physiotherapy, Occupational Therapy, Neuropsychology, Speech Pathology, Social Work, Clinical Psychology, Exercise Physiology and Recreation Therapy.

## How to refer

In your referral, please include a summary of the person’s injury, current symptoms and issues, goals for rehabilitation and any relevant risks. Referrals are received by:

Electronic system: referralNET (for Geelong based practices)

Email: McKellar.SACS.Referral@barwonhealth.org.au

Fax: (03) 4215 6376

Post: PO Box 281, Geelong VIC 3220

If you have any questions please contact Tamara Jennings (Care Coordinator) on (03) 4215 5301.