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| **July 2022** | Barwon Health Social Support Program 230 Purnell Rd Corio |
|  | **All cancellations to be made by 9:00am on day of attendence: 0447 515 507 or 4215 7049** |

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| Monday | Tuesday | Wednesday |
| 4th | 5th | 6th |
| **Morning Op shop trip. Quick visit to Feed Me Bellarine for some groceries****Afternoon Arm Chair travel. Where would we like to explore?** | **Morning drive to Anakie Gorge for morning tea. We will supply the coffee and tea.****Brain gym at the Centre****Afternoon Karaoke. Get your singing voices ready**  | **Morning tea at Millars Café Lara $****Brain gym****Afternoon laughs. Let’s watch some funny movie clips** |
| 11th | 12th | 13th |
| **Morning stretching and movement to music.****Name the songs****Lunch outing to Oppy’s $ or stay at the Centre for Barwon Health lunch** | **Morning trip to Wombat Gully. Are there any other nurseries you would like to visit?****Coloring in, word finds, puzzles** **Belmont visiting us today. Let’s welcome them** | **Morning Op Shop or Cheap As Chips outing.****Brain gym****Quick visit to Feed Me Bellarine Newtown** **Afternoon music appreciation****Afternoon scrapbooking time** |
| 18th | 19th | 20th |
| **Morning country drive to Maude Look out and morning tea****Late lunch****Brain gym / puzzles / word games****Afternoon tapestry or craft of choice**  | **In house Movie Time****We will supply the movie and the snacks. Would you like to watch Top Gun?**  | **Morning trip to Belmont Oz Pin. Let’s go bowling $****Afternoon relaxation time. What music would we like to listen to**  |
| 25th**Barwon River walk or sit and enjoy the birds****Brain gym at the Centre****Afternoon bingo bonanza** | 26th**Morning trip to the Op Shop. Quick visit to Feed Me Bellarine in Newtown for some grocery items.****Afternoon Wii Sports competition**  | 27th**Morning Melodies at the Sphinx Hotel****Christmas in July****$30** |
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**Program subject to change**