|  |  |
| --- | --- |
| **July 2022** | Barwon Health Social Support Program  230 Purnell Rd Corio |
|  | **All cancellations to be made by 9:00am on day of attendence: 0447 515 507 or 4215 7049** |

|  |  |  |
| --- | --- | --- |
| Monday | Tuesday | Wednesday |
| 4th | 5th | 6th |
| **Morning Op shop trip. Quick visit to Feed Me Bellarine for some groceries**  **Afternoon Arm Chair travel. Where would we like to explore?** | **Morning drive to Anakie Gorge for morning tea. We will supply the coffee and tea.**  **Brain gym at the Centre**  **Afternoon Karaoke. Get your singing voices ready** | **Morning tea at Millars Café Lara $**  **Brain gym**  **Afternoon laughs. Let’s watch some funny movie clips** |
| 11th | 12th | 13th |
| **Morning stretching and movement to music.**  **Name the songs**  **Lunch outing to Oppy’s $ or stay at the Centre for Barwon Health lunch** | **Morning trip to Wombat Gully. Are there any other nurseries you would like to visit?**  **Coloring in, word finds, puzzles**  **Belmont visiting us today. Let’s welcome them** | **Morning Op Shop or Cheap As Chips outing.**  **Brain gym**  **Quick visit to Feed Me Bellarine Newtown**  **Afternoon music appreciation**  **Afternoon scrapbooking time** |
| 18th | 19th | 20th |
| **Morning country drive to Maude Look out and morning tea**  **Late lunch**  **Brain gym / puzzles / word games**  **Afternoon tapestry or craft of choice** | **In house Movie Time**  **We will supply the movie and the snacks. Would you like to watch Top Gun?** | **Morning trip to Belmont Oz Pin. Let’s go bowling $**  **Afternoon relaxation time. What music would we like to listen to** |
| 25th  **Barwon River walk or sit and enjoy the birds**  **Brain gym at the Centre**  **Afternoon bingo bonanza** | 26th  **Morning trip to the Op Shop. Quick visit to Feed Me Bellarine in Newtown for some grocery items.**  **Afternoon Wii Sports competition** | 27th  **Morning Melodies at the Sphinx Hotel**  **Christmas in July**  **$30** |
|  |  |  |

**Program subject to change**