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| MARCH 2023 | Barwon Health Social Support Program  120 Settlement Road, Belmont Phone 4215 7049 |
|  | **CANCELLATIONS** TO BE MADE BY **8.30am**  OR LEAVE A MESSAGE ON THE 24HR ANSWERING MACHINE  M MONDAYS & FRIDAYS ARE ALL DAY OUTINGS WITH SOME WALKING INVOLVED ONDAYS & FRIDAYS ARE ALL DAY OUTINGS WITH SOME WALKING INVOLVED MONDAYS & FRIDAYS ARE ALL DAY OUTINGS WITH SOME WALKING INVOLVED |
| **Please Note: MONDAYS & FRIDAYS ARE ALL DAY OUTINGS WITH SOME WALKING INVOLVED** | |

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| Monday | Tuesday | Wednesday | Thursday | Friday |
| MONDAYS & FRIDAYS ARE ALL DAY OUTINGS WITH SOME WALKING INVOLVED | IN-HOUSE DAYS WE START THE PROGRAM WITH ANNOUNCEMENTS THEN GENTLE SEATED BODY MOVEMENT TO MUSIC | **1st**  TRAIN EXCURSION FROM GEELONG TO WINCHELSEA THEN PICNIC LUNCH  $7.00 | **2nd**  PAPER  MACHE ART “MENDING” SEWING DAY BRING YOUR REPAIRS  AFTERNOON COUNTRY DRIVE | **3rd**  DAY OUT AT LORNE  MORNING TEA AT ANGLESEA GOLF CLUB |
| **6th**  MORNING TEA BIRRAGURRA  DEANS MARSH LUNCH | **7th**  GAMES AT BALLIANG THENSOCIAL DRIVE FOLLOW THE BARWON RIVER | **8th**  MORNING TEA AT ARMSTRONG SHOPPING CENTRE  INTERNATIONAL WOMEN’S DAY WEAR PURPLE  DRIVE DOWN “PAKO” | **9th**  VISIT FROM WAURN PONDS POLICE STATION  AFTERNOON SEASIDE DRIVE | **10th**  BEGONIA FESTIVAL VISIT BALLARAT |
| **13th**  PUBLIC HOLIDAY PROGRAM CLOSED | **14th**  TERRY FIELDING ENTERTAINING US  AFTERNOON VIEW HISTORICAL HOMES DRIVE AROUND GEELONG | **15th**  ST PATRICKS DAY DRESS-UP WEAR GREEN  MORNING TEA AT THE “RANGE” OR PLAY GOLF $7.00  SOCIAL DRIVE VIEWING NEWTOWN/HIGHTON | **16th**  PROGRAM CLOSED OWING TO STAFF TRAINING TODAY | **17th**  MORNING TEA AT THE “RITZ”  LUNCH AT THE TORQUAY HOTEL |
| **20th**  VISIT TARNDIE FARM HOUSE TARNDWARNCOORT  PICNIC LUNCH | **21st**  **$15.00** LUNCH AT THE BARWON CLUB  AFTERNOON SCENIC DRIVE | **22nd**  MORNING RIVER WALK OR LANTERN MAKING AT THE CENTRE  LIFE STORIES | **23rd**  LUNCH OUT TO VALLEY INN HOTEL | **24th**  VISIT THE LAW COURTS “GUILITY OR NOT GULITY?  MYSTERY LUNCH OUT |
| **27th**  COOL COOL COOL KIOSK BARWON RIVER WALK LINE UP FOR COFFEE & LUNCH | **28th**  SPORTS DAY – DRESS UP IN YOUR SPORTS GEAR!  ROUND-ROBIN | **29th**  THE SPHIX HOTEL MORNING MELODIES JOHN DENVER SONGS LETS’ SING A LONG $15.00 LIMITED NUMBERS  WATERFRONT DRIVE | **30th**  PROGESSIVE ART  SOCIAL DRIVE AROUND THE BARRABOOL HILLS | **31st**  MORNING TEA BANNOCKBURN RAILWAY THEN LUNCH AT MERDITH |

**Program subject to change**

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