

YATS CLINICAL TEAM

Rehabilitation Physician
Coordinator
Occupational Therapy
Physiotherapy
Speech Pathology
Social Work
Access to Neuropsychology

Coordinator:

Therese Clark

Paediatric and Young Adult Services
McKellar Rehabilitation Centre - CRC
Ballarat Road, North Geelong
Ph: (03) 4215 5301
YATS@barwonhealth.org.au

HOW DO I GET HELP FROM YATS?

Please contact our service on
Ph 4215 5315 to discuss your referral.

Referrals from a medical specialist/GP can
be addressed and sent to:

Dr Neil Crompton
Young Adults Transition Service –
McKellar Centre

Email:

McKellar.SACS.Referral@barwonhealth.org.au



YOUNG ADULTS TRANSITION SERVICE (YATS)

Supporting young people in their
transition from the paediatric
health system to adult health care.



barwonhealth.org.au



OUR VALUES
RESPECT
COMPASSION
COMMITMENT
ACCOUNTABILITY
INNOVATION



YATS / Rehabilitation Services

WHAT IS YATS?

The Young Adults Transition Service (YATS) supports young people with complex disability and/or health conditions to make the transition from the paediatric health system to the adult health system.

WHAT IS HEALTH TRANSITION?

Health transition for young people describes the movement from paediatric health services to adult health services. It is an important process for young people who progress into adulthood and start taking greater ownership over their healthcare.

It involves exploring the differences between the paediatric health and adult health care system, developing confidence in new specialists and medical teams, and working on skills to be as independent as possible in managing healthcare.

WHAT WE DO

We work with the young person and their family to:

- Identify adult healthcare needs and help refer to specialists.
- Help identify the health care skills the young person and their family may need, and work on developing these individually or in a group.
- Make sure the young person and their family feel confident to manage their healthcare needs.

We provide the following service streams:

- Health literacy skill development
- Clinic appointments at Specialist Schools
- School health literacy group education
- Hospital based support and education
- Parent education sessions

WHO IS ELIGIBLE?

- Aged 14 to 25 years
- Barwon South West Region
- Complex neurological and/or physical condition/s
- Requires a coordinated approach to health transition

