

# Young Adults Transition Service



Supporting young people in their transition from the paediatric health system to adult health care

## Referral Form

Reason for referral (tick all that are relevant):

- Understand what health transition is.
- Improve my communication with health professionals.
- Increase my confidence when communicating with my healthcare team.
- Be more independent with my health care.
- Help with my health literacy skills.
- Learn more about services and supports available to help with my health transition.

Date:		<input type="checkbox"/> Patient and family consent to referral
Name:		
D.O.B:		Pronouns: <input type="text"/>
Address:		

Contact Person:		Alternative Contact Person:	
Contact Number:		Contact Number:	
Email Address :		Email Address:	

Medical Diagnosis:	
Disability:	
G.P/Paediatrician Name: Clinic:	

WHAT IS YATS?

# Young Adults Transition Service

Supporting young people in their transition from the paediatric health system to adult health care



The Young Adults Transition Service (YATS) supports young people who are transitioning from paediatric to adult health services. YATS offers a multidisciplinary approach that has a strong focus on client driven goals and aims to support and empower independence with managing health care needs.

## WHO IS ELIGIBLE?

- Aged 14 to 25 years
- Requires a coordinated approach to health transition
- Barwon South-West Region
- Developmental disability
- Acquired Brain Injury
- Neurological disorder
- Spinal Cord Injury and Spina Bifida (and requiring additional support)
- For 2023 we are running a pilot skills program for young people with intellectual disability and/or Autism Spectrum Disorder

## WHAT WE DO

We work with the young person and their family to:

- Identify adult health care needs and help refer to specialists
- Help identify the health care skills the young person and their family may need, and work on developing these individually or in a group
- Make sure the young person and their family feel confident to manage their healthcare needs

We provide the following service streams:

- Health literacy skill development
- Clinic appointments at Specialist Schools
- School health literacy group education
- Hospital based support and education
- Parent education sessions
- Complete a Health Passport

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